



ADVANCING STUDENT ACHIEVEMENT

Principal's Corner

Thank you to all the parents and agencies that participated in our Back-to-School and Community Resource Fairs. If you did not get a chance to attend, but would like some information distributed, please contact the office so we can send copies home.

Once again, we will be participating in the Walk Now for Autism on Oct 4th at Raley Field. We are looking for sponsors or participants. Please contact the office for more information.

Despite the warm weather, fall is upon us. Fall means football, pumpkins, and progress reports. Did you know that pumpkins are one of the most popular crops in the in the United States? The US produces over a billion pounds of pumpkins. Each class will be participating in different pumpkin activities including roasting seeds, designing faces, and estimating pumpkin weights. Be on the look out for pumpkin crafts and activities. - Susan

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Calendar of Events

Sept 28th – October 1st
Progress Report Testing

October 4th
Walk Now for Autism
UHS staff will be participating

October 9th 12:30 dismissal
Quarter Ends – Progress Reports
Min Day

October 21st 12:30 dismissal
Min Day/Staff In-service

October 30th
Fall Festival Party for Students

Parent Tips

Help your student to be prepared for school the night before by laying out clothes and completing homework assignments. Please check for the new student planner that is being sent home with homework and other information.

GBT Skill of the Month

This month we are teaching our students how to “work with others”. Teachers will conduct lessons plans to explain how to work with others. Whenever a student follows the steps for working with others they will earn points.

The steps to **Working with Others** are:

- Identify the task to be completed.
- Assign tasks to each person.
- Discuss ideas in a calm, quiet voice, and let everyone share their ideas.
- Work on tasks until completed.



Teaching GBT skills are always more effective if it is reinforced by a variety of people, in a variety of settings, and situations.

Transition, Vocation, & WorkAbility

Our year is off to a great start! This year we have a wider variety of employers available to our students. We currently have students placed at Worlds Best Comics, Hair To Pleeze, Elliott's Natural Foods, and will soon have students placed with Goodwill Industries. With such great opportunities, many of the students who are not quite yet of age are anxious to apply for jobs, too. In the mean time, our students are learning resume writing, interviewing techniques, and how to dress for success.

A Natural Fit for Elliott's Natural Foods.

Elliott's Natural Foods in Sacramento California seemed like a natural fit for Mariah and her first job. Elliott's is a relaxed and welcoming atmosphere where Mariah is learning many new skills, under the patience and guidance of store manager Joanna and fellow Elliott's employee's. Mariah is learning to straighten merchandise on shelves, dust the shelves, face the merchandise, and ultimately what the health benefits are to us all in being conscious of what we put in our bodies. Mariah has been well received by the Elliott's staff and is seen as a welcome addition to the Elliott's Natural Foods family.



Classroom News

Room 1 - April Sansing

We are very excited about the new set-up on the vocational room. Students are learning jobs for placement at Goodwill, including sorting clothes, hanging clothes, and folding. We have also set up our own mini recycling center. It will help promote student independence in daily living and vocational skills. We very much enjoy the access to the room and look forward to sharing the space with other classes here on campus.



Room 15 – Kelly Lorenz

Rm 15 is settling in nicely with their new teacher Ms. Kelli. The students are doing a wonderful job with our rotating schedule for reading. If you come in during the communication time, you will see/hear students making requests for wanted items with super manners. Please contact me to schedule a visit.

Room 5/6 – Ms Nichole (sub for Tanya M)

The students are enjoying getting accustomed to their new visual schedules and token systems. This year's schedule includes Morning class jobs, Communication, Functional Math, PE, Rec/ Leisure, Lunch in our cafeteria, Self-Help skills, Daily Living Skills, and Classroom jobs. We will be starting

Community Based Instruction in October. We are also exploring participation in the Special Olympics. We are learning how to sit in small groups during instruction. Of course, their favorite time of the day is going outside for a break and snacks.

Room 9 – Mr Guntly

The first few weeks of the semester have been exciting for the students. This semester the students are learning about biological sciences and how it relates to the surroundings they live in. On our new campus, we are very fortunate to have a nature trail which contains a creek. Students learn about ecosystems in the textbooks and then get to experience science by interacting with nature in their own backyard. And to the surprise of my staff, students are showing their excellent fishing skills by actually catching the fish (although we always return them to the creek).

Room 10 – Jasmeen Jones

We are working on Transition Education this semester. Students are learning about job opportunities and success. As a class, we have created resumes and filled out actual job applications. The students have also taken part in the interview process as well as how to dress to impress. Some of the activities that are going to be explored this month include career exploration, employment competencies and career preparation.

Room 18 – Mr. Hopley

We are almost in October! The time has gone by so fast since we returned to school! As the fall semester draws nearer students have the opportunity to practice and play for the football team and some of the students in my class have taken advantage of that opportunity. Students have coped well with the transition to a new school campus

location – change can be hard. However, it has been a win-win with all the things our new campus offers us, great football field, indoor basketball courts, a real cafeteria, etc. Furthermore, we have welcomed two new students to the classroom who have, themselves, settled in nicely! Until next month, take care. Mr. Hopley.

Transportation News

Our goal in the transportation department is to provide each student with a safe and comfortable transport to school each morning and back home each afternoon. In order to accomplish this goal we must all follow a few simple guidelines:

- All food and drinks need to be in a sealed container and given to the driver upon entering the van. Items will then be given back to the student who will check them in with their teacher at school.
- No backpacks, purses, bags or other items from home (i.e. basketball, bicycles, etc...) should be sent on the van, unless necessary to fulfill IEP.

- UHS schools have a strict policy regarding student possession of electronic devices, cell phones, pocket knives, etc... Please refer to the student handbook.
- All students must wear their seatbelt during the van's operation.
- Students are required to follow the instructions of the driver during transport.

Students will be graded on the following positive behaviors each day and these points will be given to their teacher daily toward earning reinforcements:

- Seat belt on
- Follow driver's direction
- Respectful to others
- Maintain van property
- Stay in own space

From time to time we in the transportation department may need to contact you regarding concerns, attendance or behaviors during transport. We appreciate your cooperation so we can keep all students safe and comfortable. Also, keep us updated with your current phone information so we can keep you informed.

You may always reach us at (916) 482-9634 ext. 7020. Be safe.



Sacramento Admin Staff

Susan Scott – Principal
Lara Lavine – Behavior and Education Coordinator
Sheila McCarthy – Transition & Workability
Ed Evans - Transportation Supervisor
Roger Bernie – Admission Rep/Registrar - BH

CONTACT US AT:

2641 Kent Drive Sacramento, CA 95821
916-482-9637